

DORSET AESTHETICS

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Dorset Aesthetics is a medical aesthetics and skincare clinic in beautiful North Dorset specialising in clinically-proven, non-surgical cosmetic treatments to help you look and feel incredible.

Dorset Aesthetics offers medical-grade treatments and skincare products combined with years of Registered Nursing experience, post-graduate training on Harley Street, and an absolute passion for skincare to offer our clients treatments that produce results and a professional, safe and caring experience.

Dorset Aesthetics - for a radiant, more confident you!

Treatment List

Consultations

Treatment consultation, free

Consultations are essential for all new patients prior to any treatments to ensure that you are prescribed the most appropriate treatments for you, ensuring that your safety and wellbeing comes first. An initial consultation includes a comprehensive medical history and a conversation about your lifestyle, diet and current skincare routine, together with a discussion about your skin concerns and treatment goals.

A bespoke treatment plan will be discussed with you, which may result in the recommendation of a multi-treatment approach involving a number of modalities, including skincare, together with diet and lifestyle recommendations to get the best results.

Following your initial consultation, you will be given the time you need to reflect on the information provided for you before you make any treatment decisions. You will never be under any obligation to undergo any treatment following your consultation.

Skin Analysis and Mini Facial, £45

Relax on the treatment couch for a skin analysis and mini facial. Your skin will be thoroughly cleansed and examined, and the findings will be discussed with you throughout. Following your skin analysis, bespoke, medical-grade skincare products will be applied, and you will have the opportunity to take samples home with you to try, together with a recommended treatment plan and skincare protocol.

Medi-facials

A range of relaxing yet results-driven facials to target problematic skin, radiance and rejuvenation. Medical-grade cosmeceutical skincare is combined with targeted treatment protocols to help you look and feel your best. Results are noticeable after one treatment, however for best results regularly monthly treatments are recommended.

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iS Clinical Deep Cleansing Purity Ritual, £60

Perfect for congested, oily and acneic skin, this treatment features botanical pharma-grade formulations to deep cleanse the skin, remove impurities and dead skin cells, encourage cellular renewal and provide essential nutrients and hydration to reveal a brighter and renewed complexion. A deep cleanse is followed by fruit enzyme exfoliation, steam and extractions, rejuvenation mask and the application of advanced, active products and serums to regulate sebum production, protect and hydrate the skin.

iS Clinical Harmony Facial, £60

Gently awaken the senses and restore a healthy glow and harmony to a dull, fatigued complexion and with this soothing and revitalising treatment. Powerful antioxidants, penetrating hydrators and essential vitamins reveal a brighter skin tone and clarity to the skin. This treatment combines a gentle and relaxing hand and arm massage to help relax and restore.

Champagne Foaming Enzyme Treatment, £75

A clarifying medi-facial for tired and congested complexions, this powerful yet gentle treatment is suitable for sensitive skins and rosacea. The luxurious Foaming Enzyme Masque system contains potent yet soothing bio-active, clinical-grade ingredients, including papaya and pineapple enzymes and glycolic acid that work to exfoliate and deep cleanse for brighter, tighter and clearer complexion.

Fire & Ice Resurfacing Facial, £85

The ultimate red-carpet facial and celebrity favourite, the Fire & Ice Resurfacing Facial harnesses the power of the purest pharmaceutical-grade botanical ingredients, including Glycolic Acid, Vitamins A and B3, Aloe Vera and Green Tea, clinically formulated in serums and complexes to resurface the skin, encourage cellular renewal, reduce fine lines, help problematic skin, plump and firm the skin and leave skin looking hydrated and radiant.

Luxe Fire & Ice Facial, £125

A luxury treatment for some much deserved 'me time', the Luxe Fire & Ice facial includes a back, hand and arm and face massage and a Dermalux treatment to really give you and your skin a treat!

- Save 15% off medi-facial courses of three or more treatments

Chemical Skin Peels

FILLMED Skin Peels, £65-£85

Effective yet gentle enough for sensitive skin, FILLMED's range of results-driven peels work to slough away dead skin cells gently yet effectively to reveal a softer, smoother and brighter looking skin. With no visible peeling, a glowing, radiant complexion can be enjoyed without downtime. These are the perfect lunchtime peels and are safe to use all year round.

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FILLMED Peel treatments start with a deep cleanse and finish with a FILLMED Hyaluronic Acid mask to smooth, hydrate and plump the skin, and the application of bespoke FILLMED Skin Perfusion skincare products. Results are noticeable after just one treatment. However, for best results a course of four treatments every two to four weeks are recommended.

- Light Peel, £65/Course of 4, £220 (save 15%): Mandelic acid and gluconolactone are combined to give the skin a radiance glow and promote new cell growth. Ideal for sensitive skin.
- Bright Peel, £75/Course of 4, £255 (save 15%): Gluconolactone combines phytic, citric and glycolic acids to brighten and smooth the skin and give a uniformity to the skin tone.
- Time Peel, £85/Course of 4, £285 (save 15%): With a pH of 1.0, this is the 'spiciest' peel in the range and combines Gluconolactone with Glycolic Acid to target lines and wrinkles and brighten the complexion.

iS Clinical Prodigy Peel Systems

The iS Clinical Prodigy Peel Systems are innovative superficial to medium depth skin peels designed to target skin problems whilst minimising side-effects and downtime. The iS Clinical Prodigy Peel Systems use pharmaceutical grade ingredients, together with a combination of the most scientifically advanced chemical compounds to enhance the cellular renewal process of the skin in order to improve fine lines and wrinkles, blemishes and pigmentation and reveal a revitalised, renewed and radiant complexion.

- Prodigy Peel P2 System, £125, Course of 3, £350 Suitable for mild to moderate aging, mild acne and pigmentation.
- Prodigy Peel Pro P3 System, £150, Course of 3, £400 Suitable for moderate to severe acne, hyperpigmentation, skin laxity, and uneven skin texture.
- Skin Peel Prep Kit, £20
Pre-treat your skin and get it in optimal condition for your skin peel for best treatment results with the Skin Peel Prep Kit from iS Clinical. Kit includes:
Cleansing Complex 60ml, Super Serum Adv + 3.75ml, Hydracool Serum 3.5ml, Active Serum 3.75ml, Extreme Protect 5ml
- Post-Peel Kit, £120
Your perfect post-peel buddy, the Post-Peel Kit from iS Clinical contains a full-size Cleansing Complex, Extreme Protect SPF and Sheald Balm to calm, nourish and protect your skin and decrease downtime.
- SAVE £140: Treatment courses include a *complimentary* iS Clinical Skin Prep and Post-Peel Kit to maximise results and minimise downtime*.

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Dermalux LED Phototherapy, £45 (30 minutes)

Dermalux is a multi-award-winning UK manufacturer and five-time winner of Best Treatment at the Aesthetic Awards. Dermalux's patented LED Phototherapy is a clinically proven, non-invasive treatment that harnesses the therapeutic benefits of light energy for natural skin rejuvenation and healing. Medically CE certified for the treatment of acne, psoriasis, wound-healing and musculoskeletal pain, Dermalux LED Phototherapy also targets pigmentation, redness and skin rejuvenation by kick-starting cell regeneration.

A relaxing, pain-free treatment with proven mood-enhancing effects, Dermalux will boost the vitality of your skin and give you a glow and radiance. Enjoy some 'me time' with no downtime. A single 30-minute session includes a pre-treatment cleanse and post treatment application of bespoke serums and SPF.

- Treatment course of 12 sessions, £400 (Save £140)
- Post-procedure (20 minutes), £25
A Dermalux treatment can be combined with many other facial treatments to enhance results, reduce redness and downtime and promote healing.

Mesotherapy

PRP (Platelet Rich Plasma) Mesotherapy, £285

Platelet Rich Plasma (PRP) is a highly effective, natural treatment that harnesses your body's own healing power by using your own restorative platelets to naturally stimulate cellular growth and repair. Platelets contain growth factors that each have a unique role in promoting skin repair. PRP is a highly concentrated platelets taken from a small sample of your own blood. The PRP is injected very superficially in the skin with mesotherapy techniques. Due to the high concentration of platelets, PRP is hugely regenerative to the skin. PRP stimulates collagen, elastin and cellular growth, improves the blood supply to the tissues and improves hydration, leading to younger-looking skin.

Dorset Aesthetics uses the Cellenis PRP centrifuge as its safety and efficacy are supported by many clinical studies and it has medical CE and FDA approval. Cellenis delivers exceptional, high-quality PRP, resulting in the best possible treatment outcomes in skin rejuvenation.

A treatment with Cellenis PRP will restore moisture and glow to the skin and decrease the signs of aging by softening lines and improving the density and quality, texture and tone of the skin. PRP is also used to effectively improve dark under-eye circles, acne and acne scarring, sun-damage and pigmentation. Clinical research has also found incredible benefits with PRP treatments on scalp rejuvenation, with an increase in hair growth and thickness.

- Treatment course of 3, £800

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FILLMED NCTF® 135HA Mesotherapy

Developed and loved by the French, who certainly seem to know how to age gracefully, mesotherapy is series of micro-injections into the superficial skin layers to nourish and rejuvenate the skin and stimulate the production of collagen and elastin.

Over 40-years of research and development have gone into to FILLMED's celebrated NCTF® (New Cellular Treatment Factor), a mesotherapy cocktail made with hyaluronic acid and 59 other ingredients including amino acids, vitamins and minerals. NCTF stimulates the skin without changing the facial features or expressions. Containing free HA, NCTF smooths out fine lines, deeply nourishes, and increases the quality and density of the skin.

Natural yet effective and ideal for all ages, NCTF mesotherapy is used for the prevention and correction of enlarged pores, skin laxity, fine lines and wrinkles, blemishes and pigmentation. NCTF mesotherapy treatments help the skin to retain essential moisture and leave the skin looking glowing, radiant and more youthful.

FILLMED Bio Nutri Glow, £150

FILLMED's Bio Nutri Glow is a luxurious mesotherapy treatment for the face, which combines a FILLMED peel, NCTF mesotherapy, FILLMED Hyaluronic Youth Mask and a 20-minute Dermalux treatment.

For best results a course of 3 treatments is advised every two weeks with maintenance treatments 1-2 times a year.

- Course of 3 treatments, £400

FILLMED BeautifEYE, £130

A powerful combination of FILLMED's NCTF mesotherapy to fine lines and dark circles around the eye area, together with lymphatic drainage massage, FILLMED's Skin Perfusion Eye Recover Mask and a Dermalux treatment to finish addresses puffiness, dark circles, fine lines and wrinkles, and helps to lift the eyelid, hydrate the eye area and restore radiance.

- Course of 3 treatments, £350

FILLMED Bio Nutri Neck/Décolleté/Hands, £115

FILLMED's NCTF mesotherapy treatment can be delivered to the neck, decollete and hands to restore skin quality, increase density, reduce lines and wrinkles and tighten the skin.

- Treatment course, £300

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Microneedling

SkinPen Precision Medical Microneedling, £180

Microneedling is the use of very small, ultra-fine needles to create microscopic wounds in the skin. These micro-injuries stimulate the body's wound healing response, which stimulates the skin cells to produce collagen, elastin and growth factors to improve the density, elasticity, texture, tone and overall appearance of the skin. A very effective treatment to address skin firmness, radiance, enlarged pores, lines and wrinkles, pigmentation, acne scarring, surgical scars and stretchmarks.

The SkinPen Precision Microneedling pen is a clinically proven, award-winning, FDA approved and medically CE certified microneedling device that uses an advanced micro-needle cartridge and disposable bio-sheath to eliminate the risk of cross-contamination. Each cartridge contains 14 of the highest quality, Japanese stainless-steel needles to ensure exceptionally precise, safe and effective treatments that cause less disruption to the surrounding skin than other devices on the market. The efficacy of the SkinPen Precision means that incredible results can be achieved on lower settings, reducing the downtime of the procedure.

- Treatment course of 3, £480 (save £60)
- Treatment course of 6, £900 (save £180)

SkinPen Precision Microneedling with Topical PRP, £300

Microneedling with PRP, known as the 'Vampire Facial' is a very popular facial rejuvenation treatment in aesthetic medicine due to the incredible results it can offer. SkinPen Precision Microneedling combined with Cellenis PRP offers safety and efficacy with FDA and Medical CE approval and, as the Cellenis centrifuge removes all of the red blood cells which are not useful in PRP, thankfully the 'vampire' part of the facial and those photos that spring to mind from Instagram are not what's on offer at Dorset Aesthetics!

Microneedling with PRP is an ideal treatment for scars, acne scarring, stretch marks, fine lines and wrinkles, skin laxity, sun damage, large pores and uneven skin texture. It can be performed on the face or body and is suitable for all skin types. This treatment offers long-lasting results and applying PRP with a microneedling treatment also improves healing and reduces redness and swelling post treatment.

- Treatment course of 3, £850
- SkinPen Precision Medical Microneedling with FILLMED NCTF skin booster, £220.
Course of 3, £600

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Cosmetic Injectables

Botox

Botulinum Toxin, also known by a brand name, Botox, is a Prescription Only Medication that has been used in cosmetic medicine since the 1980s for the treatment and prevention of lines and wrinkles.

Following a free medical consultation, a deposit of £100 will be required for a treatment appointment.

One area: £185

Two areas: £230

Three areas: £280

Dermal Fillers

Dermal Fillers are injections of Hyaluronic Acid (HA) gel to smooth lines and restore volume loss. Natural-looking enhancements restore a youthful appearance to the face by correcting shadowing and creating highlights. The aim is an enhanced version of you. Dorset Aesthetics uses only the highest quality dermal fillers.

Lip enhancement from £185

Upper Face enhancement from £250

Lower face enhancement from £250

Medical highlighting, eyebrows: £150

FILLMED Bio Nutri Lift, from £350

FILLMED's Bio Nutri Lift treatment incorporates FILLMED Art Filler with FILLMED NCTF to provide an immediate lifting effect without trauma, whilst also enhancing the quality of the skin and stimulating the production of new collagen and elastin. The result is a naturally rejuvenated appearance. Skin texture and quality are improved from within, leaving the skin firmer and more radiant.

- o £350 upper or lower face, £500 both areas.
- o Two treatments are recommended three months apart.

FILLMED Bio Nutri Lips, £350

A targeted treatment for the mouth area to address fine lines, hydration and skin quality.

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Lynton IPL Treatments

Lynton are a UK company who originate from the University of Manchester. Their medical-grade equipment is multi award-winning and they are the only IPL supplier to the NHS. Their IPL technology is fully customisable, ensuring fantastic treatment results.

Treatment with Lynton IPL (Intense Pulsed Light) can provide long-term results to facial problems such as red flushing, thread veins, red spots, sun spots, freckles and other vascular and pigmented lesions on the face and body. Downtime is minimal and results are incredible.

Lynton IPL Thread Veins / Rosacea / Vascular Lesions / Pigment Removal	Single Treatment Cost	15% off course of 3 sessions*
Single lesion	£50	£127
Hands	£80	£204
Cheeks	£80	£204
Cheeks and Nose	£100	£255
Chest	£120	£306
Half Face	£120	£306
Full Face	£130	£331
Full Face and Neck	£160	£408
Full Face, Neck and Chest	£250	£637

Lynton IPL skin rejuvenation treatments effectively address the visible signs of aging by harnessing the power of light and heat to address age spots, thread veins and areas of redness whilst stimulating fibroblast cells to produce collagen and elastin to smooth lines and wrinkles.

Lynton IPL Skin Rejuvenation	Single Treatment Cost	20% off course of 6 treatments*
Hands	£80	£384
Neck	£80	£384
Chest	£120	£576
Full Face	£130	£624
Full Face and Neck	£160	£768
Full Face, Neck and Chest	£250	£1200

Lynton IPL Acne treatments are effective in reducing the frequency and severity of breakouts by destroying the bacteria on both the surface of the skin and deeper in the blocked pores and reducing sebum output. Also helps to reduce mild acne scarring, redness and pigmented areas.

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Lynton IPL Acne Treatment	Single Treatment Cost	20% off course of 6 sessions*
Half Face	£80	£384
Full Face / Shoulders / Chest	£120	£576
Full Back	£200	£1180

Lynton Illumifacial treatments combines a Lynton Tri Fruit Acid skin peel with an IPL treatment to improve skin laxity, acne, skin tone, smoothness and hydration. Illumifacial helps to clear and firm the skin and freshen up the complexion. A single treatment will show improvement. However, a course of 3-6 treatments is recommended.

Lynton IPL illumiFacial	Single Treatment Cost	20% off course of 6 sessions*
Full face	£175	£840 (save £210)
Full face and neck	£200	£960 (save £240)
Full face, neck and chest	£250	£1200 (save £300)
Chest only	£150	£720 (save £180)

Lynton IPL hair removal treatments are suitable for any areas on the face and body and offer a long-term solution to unwanted, excess hair. Treatments are quick and results can be seen after just a few sessions.

- Patch test and consultation £50: redeemable against treatment prices.
- 10% discount for treatments with three or more combined areas.

Lynton IPL Hair Removal	Single Treatment Cost	Course of 6 sessions* (20% off)
Small area, e.g., centre brow or earlobes	£45	£216
Top lip or chin	£50	£240
Top lip & chin	£85	£408
Jaw, chin and top lip	£110	£528
Face & neck	£130	£624
Underarms	£85	£408
Underarms & bikini (standard)	£140	£672
Underarms & bikini (Brazilian)	£170	£816
Underarms & bikini (full)	£185	£888

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Lynton IPL Hair Removal	Single Treatment Cost	Course of 6 sessions* (20% off)
Bikini (standard)	£85	£408
Bikini (Brazilian)	£130	£624
Bikini (full)	£145	£696
Lower legs	£150	£720
Lower legs & bikini (standard)	£195	£936
Lower legs & bikini (Brazilian)	£240	£1152
Lower legs & bikini (full)	£255	£1224
Upper legs	£185	£888
Upper legs & Bikini (standard)	£220	£1056
Upper legs & Bikini (Brazilian)	£265	£1272
Upper legs & Bikini (full)	£280	£1344
Full legs	£250	£1200
Full legs & bikini (standard)	£305	£1464
Full legs & bikini (Brazilian)	£340	£1632
Full legs & bikini (full)	£355	£1704
Upper or lower arms	£130	£624
Full arms	£150	£720
Abdomen (full) / lower back	£130	£624
Abdomen (vertical line/trail)	£85	£408
Buttocks (full)	£130	£624
Buttock crease	£85	£408
Full back (inc. shoulders)	£250	£1200
Full chest (small frame)	£130	£624
Full chest (large frame)	£165	£792
Hands/Feet	£55	£264

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iS Clinical Product Price List

iS Clinical is a leading global brand of medical-grade skin care. Their products are made from 95-98% botanically derived pharmaceutical-grade ingredients. They are fragrance and paraben free and undergo clinical trials to ensure their safety and efficacy. iS Clinical products are safe for use while pregnant and breast-feeding and while undergoing cancer therapy. With results-driven "active level" formulations, growth factors, intelligent peptides and proteins, and powerful botanical acids, these ingredients actually penetrate into the skin to work their wonders. Each product actually delivers on its promises, resulting in a skin care range that's so effective, you'll wish you found it sooner!

For a limited time save 10% when you purchase two or more products

Cleanse

- Cleansing Complex 60ml £17
- Cleansing Complex 180ml £34
- Cream Cleanser 120ml £34
- Warming Honey Cleanser 120ml £34

Treat

- Active Serum 15ml £68
- Active Serum 30ml £112
- Super Serum Adv+ 15ml £72
- Super Serum Adv+ 30ml £122
- Pro Heal Serum Adv+ 15ml £70
- Pro Heal Serum Adv+ 30ml £118
- White Lightening Serum 15ml £62
- White Lightening Serum 30ml £105
- White Lightening Complex 30ml £110
- Poly Vitamin Serum 15ml £54
- Poly Vitamin Serum 30ml £86
- GenexC Serum 15ml £80
- GenexC Serum 30ml £140
- C Eye Adv + 15ml £52
- Youth Eye Complex 15ml £82
- Youth Eye Complex 30ml £124
- Youth Serum 30ml £137
- Neck Perfect Complex 50g £85
- SHEALD Recovery Balm 60g £48
- Tri-Active Masque 120g £82
- Lip Polish 15g £32

Hydrate

- Hydra Cool Serum 15ml £48
- Hydra Cool Serum 30ml £76
- Moisturising Complex 50ml £72

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- Reparative Moisture Emulsion 50g £75
- Youth Intensive Cream 50g £170
- Youth Intensive Cream 100g £295
- Body Complex 180ml £54
- Copper Firming Mist 75ml £24
- Hydra-Intensive Cooling Masque 120g £68
- Youth Lip Elixir 3.5g £52

Protect

- Eclipse SPF 50+ 100g Translucent £32
- Eclipse SPF 50+ 100g PerfectTint Beige £32
- Extreme Protect Treatment SPF 30 100g £64

Terms & Conditions

We do not treat children or young adults under the age of 18. ID may be required.

New clients are seen for consultation and assessment. Treatment is not recommended on the first visit to allow for an adequate cooling off period, but may be provided if the client and practitioner deem suitable.

To qualify for discount, treatment courses are to be paid in full before treatment commences.

All treatments and courses are non-refundable and non-transferable.

Please provide as much notice as possible if you need to cancel or reschedule your appointment.

A £50 deposit will be taken at the time of booking. If following the consultation, the client or practitioner deems treatment to be unsuitable, the £50 deposit will be refunded. If a client fails to arrive for their appointment or provides **less than 48 hours' notice of cancellation their deposit will not be returned.**

Please allow adequate time for recovery and best results before special events, as many of our treatments cause some amount of 'downtime'. If you are unsure, please ask.

To get the best results you will be given a recommended treatment plan and lifestyle and skincare advice. You are under no obligation to undertake any treatment.

Please get in touch for more details about treatments and our full terms and conditions